



## RATING SCALE

### HEALTH-RELATED QUALITY OF LIFE

Use the following scale to answer the questions below:

<u>Rating scale:</u> N/A	not applicable
0	No
1	Unclear/possibly
2	yes

	Rating
<b>Are the results of this HRQL valid?</b>	
Have the authors measured aspects of patients' lives that patients consider important? <i>Is there evidence that the outcomes measured were important to patients?</i> <i>Is the content of the HRQL instrument adequately described?</i>	
Did the HRQL instruments work in the way they are supposed to? <i>What HRQL instrument was used?</i> <i>In the disease of interest, is there established reliability for the selected instrument?</i> <i>Is there established responsiveness for the selected instrument? (if assessing changes in HRQL over time)</i> <i>Is there established validity for the selected instrument?</i>	
Are there important aspects of HRQL that have been omitted? <i>Was there a survey of patients (or reference to this) suffering from the illness or condition in question?</i>	
If there were trade-offs between quality and quantity of life, or an economic evaluation, have the investigators used the right measures? <i>Was there use made of utility measures and quality adjusted life years?</i>	
<b>What were the results?</b>	
What was the magnitude of effect on HRQL? <i>Have the investigators provided an indication of how to interpret the measured changes in HRQL?</i>	
<b>Will the results help me in caring for my patients?</b>	
Will the information in the study help me inform my patients? <i>Do the results facilitate practical decision making between the physician and patient?</i>	
Did the study design simulate clinical practice?	
<b>Total</b>	

**Comments:**

Adapted from:

Guyatt GH, *et al.* User's guide to the medical literature. XII. How to use articles about health-related quality of life. *JAMA* 1997; 277(15): 1232-1237.